

St Gabriel's Church,  
Aldersbrook  
[www.stgabrielsaldersbrook.org.uk](http://www.stgabrielsaldersbrook.org.uk)

Weekly Newsletter  
Sunday 28<sup>th</sup> March  
Palm Sunday

10am Parish Eucharist  
*Celebrant* Fr. Chris Smaling  
*Deacon* Fr. Martyn Hawkes  
In Church and on Zoom &  
YouTube

Our service today starts at 10am in the Car Park. If you need to arrive by car please aim to park on the road if you can, or block in the Vicar's car at the far end of the carpark first to enable as much room as possible.

We will process through the Garden to the main entrance, retaining physical distancing, and entering gently and carefully remembering to sanitise as we arrive. If you have any mobility issues you may use the pavement, but our main procession must legally remain on church property.

#### This Week – Holy Week

##### **Open Church**

We will be open for private prayer only from 10 - 12noon on Tuesday and Thursday this week.

##### **5pm Evening Prayer**

Mon – Thu only this week, in church and on zoom.  
No act of worship follows the Good Friday service.

##### **Wednesday**

11am Holy Communion  
In Church and online on Zoom and YouTube

Followed by a short church clean to prepare for Thursday and Friday services for any who can help!

##### **Kite Fest**

Unfortunately this celebration has had to be cancelled. While individuals can fly their kites on the flats the City of London have informed Anthony that an events licence would be required to hold the kite fest.

### **Holy Week**

#### **Monday – Wednesday**

9pm Compline service – in church and on zoom. The Church will be open and all are welcome but I would be expecting people to light a candle at home and join this short end of the evening service.

No screenshare will be possible for the Maundy Thursday or 1pm Good Friday services. The orders of service will be available to download from the website. Please let Fr Martyn know if you are unable to collect then this way.

#### **Maundy Thursday**

7.30pm Eucharist of the Last Supper and Stripping of the Altars  
Due to covid, no communal foot-washing is possible.

The watch that follows the stripping of the altars may not continue through the night. Martyn will confirm this by Tuesday of Holy week and we may conclude it at Midnight or 1am depending on numbers.

#### **Good Friday**

**8am** Morning Prayer – in church only

**11am** Ecumenical service for Good Friday at Our Lady of Lourdes Wanstead

**11.30am** Children's Service in St Gabriel's

**1-2.15pm** Seven last words music and meditations – zoom only (due to copyright) – see above for details on orders of service

**2.15pm** Stations of the Cross and Eucharist from reserved sacrament. On zoom and youtube

#### **Holy Saturday**

Church clean and tidy (continued from Wednesday), and any flower preparation from 10am

#### **Easter Day**

6am Easter Vigil

In church only

10am Easter Day Eucharist  
In church and on zoom & youtube.

*Items for weekly notices need to submitted by Thursday evening.  
([sarabertrand47@gmail.com](mailto:sarabertrand47@gmail.com))*

Hope you all remembered that clocks go forward this week!

#### **St Gabriel's needs you!**

Our Annual Meeting in May. We would like to fill some vacancies in our PCC. We need people to support & guide our direction as we recover from Covid & renew our vision. Find out more from Fr Martyn or the churchwardens.

#### **Bereavement café**

The next meeting is on Tuesday 6<sup>th</sup> April at 2pm - open to all on zoom

#### **Monday 12<sup>th</sup> April**

8pm Spiritual Book Club  
We are reading 'The Keeper of Lost Things' by Ruth Hogan. Discussion will be on Zoom. All are welcome.

#### **Foodbank Update**

Sometimes people ask me for suggestions of what they should or could donate to the foodbank. The 1<sup>st</sup> answer would be "Anything! So long as it's in date & unopened". If you'd like more guidance, then perhaps you could put one extra item of something you enjoy in your trolley when you shop. Or toiletries are always welcome! There is a suggested shopping list at the back of church, and on the Redbridge foodbank website. Thank you as always! Helen and the team.

#### **For Our Prayers**

##### **For those who are sick:**

Frances Bonnicks, Sara Booker, Karl Brooks, Ann Brown, Dermot Devine, Pauline Duncombe, Brenda Elliott, Peter Ellis, John Filer, John Henry, Phyllis Lehreman, John Mitchell, Motunrayo, George Moule, Jean Salter, Christine Shannon, Ali Sharafnia, Jo Smith, Grace Sparks, Mariya Stoilova, Thelma Thomas, Revd Pat Wallson, Cynthia Williams, Rubeca Williams, Johnno Woods & Karl.

##### **For the recently departed**

Freda Ferguson  
**and those whose anniversaries occur at this time**  
John Bertrand, Michel Glautier, Kathy Christie, Joe Watts