

St Gabriel's Church,
Aldersbrook
www.stgabrielsaldersbrook.org.uk

Weekly Newsletter
Sunday 31st January
Candlemas

10am Parish Eucharist
Celebrant Fr. Martyn Hawkes

Hopefully you have a candle handy for the end of the service today. We end our Epiphany celebrations today and start to look towards Lent.

<https://us02web.zoom.us/j/82853154907?pwd=bi9SZlhCM2Q0Q1pVdEYydSs2Sjk5QT09>

https://www.youtube.com/channel/UCjb0cVZA0KvLOt6TGy9rsDA?view_as=subscriber

St Gabriel's public services will be online only until further notice.

This Week

Open Church

We will still be open for private prayer only from 10 - 12noon on Tuesday and Thursday this week. Foodbank donations can be left at the Vicarage side Church door at any other time.

Morning Prayer

No morning prayer in church during lockdown

5pm Evening Prayer

Mon – Thu on Zoom and Youtube
Friday on Zoom only

Wednesday

11am Holy Communion on Zoom and YouTube

Monday 1st February

7.30pm Standing committee meeting on Zoom

Tuesday 9th February

PCC Meeting

Monday 22nd February

8pm Spiritual Book Club
We are reading 'Plainsong' by Kent Haruf. Discussion will be on Zoom. All welcome.

Burns Night 2021

In anticipation of a great evening we thank Caroline for all the work that she put into making this such a lockdown success and for those who supported and helped her, including planning, admin, musicians and others. Great vision and well done!

Finances

During lockdown, parishioners can still make donations by:

1. Bank Transfer – contact Nick Riley for details on aldersbrookstgabriels@gmail.com
2. Cheque – payable to “St Gabriels Aldersbrook PCC”. Post or drop it through the door at 47 Woodcote Road, E11 2QB or to the Vicarage.
3. Cash – put the cash in an envelope with your name/address and drop it through the door at 47 Woodcote Road, E11 2QB or to the Vicarage.
4. Drop in to the Church on Tuesday & Thursday mornings and use the Sumup machine. Thank You For your support

Tuesday 2nd February

7pm: Licensing of Revd Dr Elizabeth Lowson as the new Rector of St Mary's Woodford can be viewed here:

https://youtu.be/j_GpXIrd7DQ or subsequently on 'catch-up'!

Alex Summer's Licensing as interim priest at St Peter's in the Forest is a more low-key affair but prayers welcome as he is licensed at 10.30am on Tuesday also.

Foodbank Update

As we all recognise that we are in this for the long haul, it has been so encouraging to see the coming together of communities to help each other, whether the amazing donations of St Gabriel's folk, the local collection network or, more recently, cross-borough cooperation as need and supply have not always matched up. We are so much stronger together, and each of us plays a vital role. Thank you! Helen and the team.

Items for weekly notices need to be submitted by Thursday evening. (sarabertrand47@gmail.com)

Ash Wednesday 17th February

Lent begins – more detail on how this day will be marked to follow as guidelines are updated.

Lent options

A further attachment outlines the ways to get involved in Lenten activities, including a book study group discussing Pope Francis's publication 'Let us Dream: The Path to a Better Future' on a number of Wednesday evenings and a course led by Fr Mark on Mondays in March 7-8pm entitled 'Falling Upward: Finding meaning in the difficulties of life' based on the work of Richard Rohr. Alongside prayer and food activities I hope there will be something for everyone.

Shrove Tuesday 16th February

A special zoom gathering at 6pm. There will be a Pancake party on for everyone, aimed particularly at the young. Make your pancakes in advance, demonstrate your flipping prowess & compare favourite pancake toppings!

For Our Prayers

We pray for all families & friends who are mourning the loss of a loved one. We pray that they are able to find the comfort & support they need at this difficult time.

For those who are sick:

Madeleine Arnold, Frances Bonnicks, Sara Booker, Karl Brooks, Ann Brown, Dermot Devine, Pauline Duncombe, Brenda Elliott, Peter Ellis, John Filer, Eileen Galer, John Henry, Phyllis Lehreman, John Mitchell, Motunrayo, Tracey Moule, Jean Salter, Christine Shannon, Ali Sharafnia, Mary Smaling, Jo Smith, Mariya Stoilova, Thelma Thomas, Revd Pat Wallson, Cynthia Williams, Alexandra Whitworth, Rebecca Williams & Johnno Woods

For the recently departed

Sue Gould, Kofi Manu, Paul Hart, Bobby Sarmotta,

and those whose anniversaries occur at this time

Kate Swain, Frederick Adams, Phil Christie, Catherine Rhys