

St Gabriel's Church,
Aldersbrook
www.stgabrielsaldersbrook.org.uk

Weekly Newsletter
Sunday 23rd August

10am Parish Eucharist
Celebrant Fr. Martyn Hawkes

<https://us02web.zoom.us/j/82853154907>

All services that are included on YouTube can be reached using the same link below:

https://www.youtube.com/channel/UCjb0cVZA0KvLOt6TGy9rsDA?view_as=subscriber

This Week

Open Church

We will be open for private prayer from 10 - 12noon on Tuesday and Thursday this week.

Due to holiday the following changes to the usual pattern for services are in place:

Wednesday

11am service in church and on zoom and youtube
<https://us02web.zoom.us/j/89864906034>

5pm Evening Prayer

Mon & Fri
on Zoom only
<https://us02web.zoom.us/j/89878748179>

Tue to Thu
on Zoom and Youtube
<https://us02web.zoom.us/j/89878748179>

Thursday Tai Chi

Tai Chi 10:30 - 11:30 am
The class has restarted in church with social distancing and masks in place, £5 per session. All are welcome. Further information from Amelia.

*Items for weekly notices need to submitted by Thursday evening.
(sarabertrand47@gmail.com)*

We are required to wear face masks in church. We are sorry if this makes people uncomfortable, but that is the law. A mask is available at the back of church should you forget.

Sunday 27th September Belated 2020 APCM.

The Annual Meeting of the Parish will be at 11am after church.

If you are not currently on the electoral roll and would like to join please contact Sara Bertrand (sarabertrand47@gmail.com) for a form as the roll will be updated over the coming weeks.

We need members of the PCC, particularly those interested in standing as deanery synod reps in a very important year for electing representatives to general synod.

We also need a churchwarden to stand as there has been a vacancy since Suzanne Thomas left. If this might be you please speak to David, our Churchwarden, any of the PCC or one of the clergy.

St Gabriel's harvest fruit and vegetable show

Have you been growing fruit, vegetables or herbs and cress? Why not enter your produce or your children's into the competition. First prize 'Best of show' will be a £20 garden centre voucher with prizes for best of category to be announced. Plenty of categories to choose from. Contact Ghenry057@aol.com for further details, an info sheet and entry fee and form.

Foodbank

Although the way food is distributed has changed slightly during the ongoing difficulties, the need remains and is greater than ever. At the moment the demand for UHT semi-skimmed milk is greater than we can meet, and so if you are able to include this in your shopping it would be much appreciated.

The front door to church remains open 10 – 12noon Mon – Fri.
Many thanks. Helen and the team.

Monday 14th September

Spiritual Book Club
We are reading 'The Anointed' by Michael Arditti. We will be meeting at 8pm on Zoom or in the vicarage garden if weather permits. All are welcome

St Gabriel's Treasure Hunt

Now live and running until 1st September. Based on a walking route round the Aldersbrook Estate and Wanstead Park. £5 fee to go to church funds. It is a simple, fun test of your observation skills & can be done at your own time and pace. Completed answer sheets will be put into a final draw for prizes, including a 1-2-1 professional Yoga Training session. Register via - <https://www.eventbrite.co.uk/e/st-gabriels-treasure-hunt-summer-2020-tickets-114457150418> or buy tickets directly from Neville Brewis.

Sales have now picked up significantly after Georgina put out reminders to local Social Media groups and several people at church have given donations. The current running total as of the 17th August is £370 and 64 entries ! A big thank you to people who have made donations.

For Our Prayers

For those who are sick:

Madeleine Arnold, Mark Arnold, Kate Arundale, Frances Bonnick, Sara Booker, Ann Brown, Cyril Cocksedge, Dermot Devine, Pauline Duncombe, Peter Ellis, Jan Fallowfield, Eileen Galer, Sylvia Hawkes, John Henry, Nicholas Hurst, Phyllis Lehreman, Alison Martell, Jacqueline McNie, John Mitchell, Motunrayo, Jean Salter, Christine Shannon, Norma Stevenson, Mariya Stoilova, Kate Swain, Jean Umoh, Revd Pat Wallson, Cynthia Williams, Rubeca Williams & Johnno Woods

For those whose anniversaries occur at this time

Howard Hancock, Thomas Brown, Victoria Mills, Rosina Ames, Elizabeth Shaw, Walter Sutton, Elizabeth Willoughby