

St Gabriel's Church,
Aldersbrook
www.stgabrielsaldersbrook.org.uk

Weekly Newsletter
Sunday 5th July
Trinity 4

10am Parish Eucharist
Celebrant Fr. Martyn Hawkes
Preacher Fr. Chris Smaling

In Church for the first time since
March 15th

**Please follow carefully the
instructions in church to stay
safe and keep others safe.**

Welcome to those who are here in
person and those joining on zoom
or Youtube – it's good to connect!

Links to today's service:

[https://www.youtube.com/channel/
UCjb0cVZA0KvLOt6TGy9rsDA?
view_as=subscriber](https://www.youtube.com/channel/UCjb0cVZA0KvLOt6TGy9rsDA?view_as=subscriber)
and
[https://us02web.zoom.us/j/828531
54907](https://us02web.zoom.us/j/82853154907)

You can access any zoom event
we run by phoning: 020 80806592
followed by the number at the end
of the zoom link i.e. for Sunday
Eucharist 82853154907

This Week

Wednesday 8th July

11am service in church and on
zoom and youtube

[https://us02web.zoom.us/j/898649
06034](https://us02web.zoom.us/j/89864906034)

[https://www.youtube.com/channel/
UCjb0cVZA0KvLOt6TGy9rsDA/
videos?view_as=subscriber](https://www.youtube.com/channel/UCjb0cVZA0KvLOt6TGy9rsDA?view_as=subscriber)

Evening Prayer

5pm Daily Evening prayer
Monday to Friday

[https://www.youtube.com/channel/
UCjb0cVZA0KvLOt6TGy9rsDA/
videos?view_as=subscriber](https://www.youtube.com/channel/UCjb0cVZA0KvLOt6TGy9rsDA/videos?view_as=subscriber)
and
[https://us02web.zoom.us/j/898787
48179](https://us02web.zoom.us/j/89878748179)

*Items for weekly notices need to
submitted by Thursday evening.
(sarabertrand47@gmail.com)*

Open Church

We will be open for private prayer
from 10 - 12noon on Tuesday and
Thursday this week.

Tuesday 14th July

7.30pm PCC Meeting on Zoom

Monday 27th July

Spiritual Book Club

'The Monastery Murders' by E.M.
Powell is the book we are reading.
We will be meeting at 8pm on
Zoom to discuss it. All are
welcome.

Environment

There was an environmental
workshop conference run from
Chelmsford Cathedral on
Facebook recently. All the videos
from the day are available on the
diocesan website here:
[https://www.chelmsfoTrd.anglican
.org/greening-the-church](https://www.chelmsfoTrd.anglican.org/greening-the-church)
Do take a look!

St Gabriel's Finance

We are incredibly grateful for the
donors who continue to support us
financially at this time.

Alternatives for giving include:

1. Bank Transfer – for direct
payment into the St Gabriel's
account then please contact Nick
Riley for details on
aldersbrookstgabriels@gmail.com
 2. Cheque – made payable to "St
Gabriels Aldersbrook PCC". Post
or drop it through the door at 47
Woodcote Road, E11 2QB.
 3. Cash – put the cash in an
envelope with your name/address
and drop it through the door at 47
Woodcote Road, E11 2QB.
- Cheques and cash can be dropped
into the Vicarage if necessary.

Foodbank

St Gabriel's has continued to
provide food support through the
lockdown to a number of
households as well as providing
for Redbridge Foodbank. Your
food donations remain vital.
The front door to church remains
open 10 – 12noon Mon – Fri.
Many thanks. Helen and the team.

Fundraising:

A couple of ideas have been
presented for parish fundraising in
these times. I'd be grateful if there
are people who think either or both
of these are good ideas to get in
touch with how you might like to
be involved in the project.

1. A Zoom auction – services and
'stuff' that can be auctioned online
2. A lockdown cookbook – dishes
that have sustained you through
this time, or food you have
discovered and will always
remember from this momentous
year.

New Bishop of Chelmsford

The next Bishop of Chelmsford is
going to be elected/selected this
autumn and there is a consultation
in progress to identify the qualities
needed in our next diocesan
bishop. Anyone can fill in the
consultation and I invite you to do
so:

[https://www.chelmsford.anglican.o
rg/our-next-bishop](https://www.chelmsford.anglican.org/our-next-bishop)

Monday 6th July

9.30am Funeral of Ahil Duraisamy

For Our Prayers

For those who are sick:

Madeleine Arnold, Mark Arnold,
Kate Arundale, Frances Bonnick,
Ann Brown, Victor Christie,
Pauline Duncombe, Peter Ellis,
Eileen Galer, Sylvia Hawkes, John
Henry, Phyllis Lehreman,
Jacqueline McNie, John Mitchell,
Motunrayo, Christine Shannon,
Norma Stevenson, Naomi Stewart,
Jean Umoh, Revd Pat Wallson,
Cynthia Williams & Johnno
Woods

For the recently departed

John "Papa" Papadopolus, Yvonne
Mighty, Les Charles, Christian
Mbulu, Ahil Duraisamy

**and those whose anniversaries
occur at this time**

Harthwell Roberts, Leonard
Conoley, Elizabeth Filer, Charles
Watts

COLLECT

O God, the protector of all who trust in you, without whom nothing is strong, nothing is holy: increase and multiply upon us your mercy; that with you as our ruler and guide we may so pass through things temporal that we lose not our hold on things eternal; grant this, heavenly Father, for our Lord Jesus Christ's sake, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

FIRST READING

Zechariah 9:9-12

A reading from the book of the prophet Zechariah.

Rejoice greatly, O daughter Zion! Shout aloud, O daughter Jerusalem! Lo, your king comes to you; triumphant and victorious is he, humble and riding on a donkey, on a colt, the foal of a donkey. He will cut off the chariot from Ephraim and the war horse from Jerusalem; and the battle-bow shall be cut off, and he shall command peace to the nations; his dominion shall be from sea to sea, and from the River to the ends of the earth. As for you also, because of the blood of my covenant with you, I will set your prisoners free from the waterless pit. Return to your stronghold, O prisoners of hope; today I declare that I will restore to you double.

PSALM Psalm 145:8-15

R *Great is the Lord and highly to be praised.*

The Lord is gracious and merciful, long-suffering and of great goodness. The Lord is loving to everyone and his mercy is over all his creatures. **R**

All your works praise you, O Lord, and your faithful servants bless you. They tell of the glory of your kingdom and speak of your mighty power, **R**

To make known to all peoples your mighty acts and the glorious splendour of your kingdom. Your kingdom is an everlasting kingdom; your dominion endures throughout all ages. **R**

The Lord is sure in all his words and faithful in all his deeds. The Lord upholds all those who fall and lifts up all those who are bowed down. **R**

SECOND READING

Romans 7:15-25a

A reading from the letter of Paul to the Romans.

I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me. So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord!

GOSPEL

Matthew 11:16-19. 25-end

Hear the gospel of our Lord Jesus Christ according to Matthew.

At that time Jesus said, "To what will I compare this generation? It is like children sitting in the market-places and calling to one another, 'We played the flute for you, and you did not dance; we wailed, and you did not mourn.' For John came neither eating nor drinking, and they say, 'He has a demon'; the Son of Man came eating and drinking, and they say, 'Look, a glutton and a drunkard, a friend of tax-collectors and sinners!' Yet wisdom is vindicated by her deeds. I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

POST COMMUNION

Eternal God, comfort of the afflicted and healer of the broken, you have fed us at the table of life and hope: teach us the ways of gentleness and peace, that all the world may acknowledge the kingdom of your Son Jesus Christ our Lord.

