

St Gabriel's Church,  
Aldersbrook  
[www.stgabrielsaldersbrook.org.uk](http://www.stgabrielsaldersbrook.org.uk)

Weekly Newsletter  
Sunday 19<sup>th</sup> July  
Trinity 6

10am Parish Eucharist  
*Celebrant*  
Fr. Martyn Hawkes

Welcome again to St Gabriel's  
whether you join us by  
zoom/Youtube or in person

Links to today's service:  
[https://www.youtube.com/channel/  
UCjb0cVZA0KvLOt6TGy9rsDA?  
view\\_as=subscriber](https://www.youtube.com/channel/UCjb0cVZA0KvLOt6TGy9rsDA?view_as=subscriber)  
and  
[https://us02web.zoom.us/j/828531  
54907](https://us02web.zoom.us/j/82853154907)

You can access any zoom event  
we run by phoning: 020 80806592  
followed by the number at the end  
of the zoom link

#### This Week

#### **Wednesday**

11am service in church and on  
zoom and youtube  
[https://us02web.zoom.us/j/898649  
06034](https://us02web.zoom.us/j/89864906034)  
and  
[https://www.youtube.com/channel/  
UCjb0cVZA0KvLOt6TGy9rsDA?  
view\\_as=subscriber](https://www.youtube.com/channel/UCjb0cVZA0KvLOt6TGy9rsDA?view_as=subscriber)

#### **Evening Prayer**

5pm Daily Evening prayer  
Monday to Friday  
[https://www.youtube.com/channel/  
UCjb0cVZA0KvLOt6TGy9rsDA/  
videos?view\\_as=subscriber](https://www.youtube.com/channel/UCjb0cVZA0KvLOt6TGy9rsDA/videos?view_as=subscriber)  
and  
[https://us02web.zoom.us/j/898787  
48179](https://us02web.zoom.us/j/89878748179)

#### **St Gabriel's Finance**

With church now open again we  
still want to make sure that anyone  
who is unable to join us yet can  
give financially if they wish.  
Contact Sara Bertrand  
[sarabertrand47@gmail.com](mailto:sarabertrand47@gmail.com)  
or Nick Riley  
[aldersbrookstgabriels@gmail.com](mailto:aldersbrookstgabriels@gmail.com)  
for more details on the options.

We are now recommending the  
wearing of face masks in church.  
The clergy will not wear for  
preaching and presiding but at  
other points where we come closer  
to the congregation will do so. I'm  
sorry if this makes people  
uncomfortable, but given the  
mandate for shops and while we  
await any clearer guidance from  
the government or national church  
we are taking a safety first  
approach.

#### **Monday 27<sup>th</sup> July**

Spiritual Book Club  
'The Monastery Murders' by E.M.  
Powell is the book we are reading.  
We will be meeting at 8pm on  
Zoom to discuss it. All Welcome.

#### **Foodbank**

Although the way food is  
distributed has changed slightly  
during the ongoing difficulties, the  
need remains and is greater than  
ever. At the moment the demand  
for UHT semi-skimmed milk is  
greater than we can meet, and so if  
you are able to include this in your  
shopping it would be much  
appreciated.  
The front door to church remains  
open 10 – 12noon Mon – Fri.  
Many thanks. Helen and the team.

#### **Foodbank strategy**

St Gabriel's has provided support  
to Redbridge foodbank but also to  
households in need through the  
Redbridge Mutual Aid network.  
We now need to reflect on what  
we can offer as a church to the  
wider community and the best way  
to go about that. We would love to  
have wide participation in this  
discussion from church members  
as it has been one of the most  
visible aspects of our mission in  
lockdown & widely praised in the  
community. We aim to meet  
during the day on Monday 27<sup>th</sup>  
July & you can join in person or  
by zoom to be part of our plan for  
the next few months. Please let  
Helen or Martyn know if you can  
attend.

*Items for weekly notices need to  
submitted by Thursday evening.  
([sarabertrand47@gmail.com](mailto:sarabertrand47@gmail.com))*

#### **Open Church**

We will be open for private prayer  
from 10 - 12noon on Tuesday and  
Thursday this week.

#### **Lockdown cookbook**

We are intending to make a  
'Lockdown Cookbook', and we  
would be grateful for recipes you  
have that have sustained you  
through this time or food you have  
discovered and will always  
remember from this testing time.  
Please email your recipes to  
[teresasmith@me.com](mailto:teresasmith@me.com). If anyone  
needs help then just ask. We are  
trying to collect them all in by the  
end of July. Thank you.  
Teresa Smith

#### **Jumble Trail on 8<sup>th</sup> August**

Aldersbrook PTA have organised a  
Jumble Trail on 8<sup>th</sup> August – feel  
free to book your place on the trail  
if you are in Aldersbrook or Lake  
House estates, but if not and you'd  
like to offer some 'quality items'  
to a stall in the church carpark  
please do so to raise funds for St  
Gabriel's. Depending on  
guidelines we may be able to offer  
cakes for sale – watch this space  
for more information.

[https://www.eventbrite.co.uk/e/ald  
ersbrook-and-lakehouse-jumble-  
trail-2020-tickets-94592325191](https://www.eventbrite.co.uk/e/aldersbrook-and-lakehouse-jumble-trail-2020-tickets-94592325191)

#### **For Our Prayers**

#### **For those who are sick:**

Madeleine Arnold, Mark Arnold,  
Kate Arundale, Frances Bonnick,  
Sara Booker, Ann Brown, Pauline  
Duncombe, Peter Ellis, Jan  
Fallowfield, Eileen Galer, Sylvia  
Hawkes, John Henry, Phyllis  
Lehman, Jacqueline McNie,  
John Mitchell, Motunrayo,  
Christine Shannon, Norma  
Stevenson, Jean Umoh, Revd Pat  
Wallson, Cynthia Williams,  
Johnno Woods & Alison

#### **For the recently departed**

Baz Durrent, David Martin, Tai  
"Tom" Cho

#### **and those whose anniversaries occur at this time**

Jean Sherman, Gladys Cooper,  
Peggy Hughes, Ronald Burnett

**COLLECT**

Merciful God,  
you have prepared for those who love you  
such good things as pass our  
understanding:  
pour into our hearts such love toward you  
that we, loving you in all things and above  
all things,  
may obtain your promises,  
which exceed all that we can desire;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

**FIRST READING**

**Either Wisdom of Solomon 12:13. 16-19**  
*A reading from the book of Wisdom.*

There is not any god besides you, Lord,  
whose care is for all people, to whom you  
should prove that you have not judged  
unjustly; for your strength is the source  
of righteousness, and your sovereignty  
over all causes you to spare all. For you  
show your strength when people doubt  
the completeness of your power, and you  
rebuke any insolence among those who  
know it. Although you are sovereign in  
strength, you judge with mildness, and  
with great forbearance you govern us;  
for you have power to act whenever you  
choose. Through such works you have  
taught your people that the righteous  
must be kind, and you have filled your  
children with good hope, because you  
give repentance for sins.

**Or Isaiah 44:6-8**

*A reading from the book of the prophet  
Isaiah.*

Thus says the LORD, the King of Israel, and  
his Redeemer, the LORD of hosts: I am the  
first and I am the last; besides me there is  
no god. Who is like me? Let them proclaim  
it, let them declare and set it forth before  
me. Who has announced from of old the  
things to come? Let them tell us what is  
yet to be. Do not fear, or be afraid; have  
I not told you from of old and declared  
it? You are my witnesses! Is there any god  
besides me? There is no other rock; I know  
not one.

**PSALM Psalm 86:11-end**

**R** *All nations you have made shall  
come and worship you, O Lord.*

Teach me your way, O Lord, and I will  
walk in your truth;  
knit my heart to you, that I may fear your  
name.

I will thank you, O Lord my God, with all  
my heart,  
and glorify your name for evermore; **R**

For great is your steadfast love towards  
me,  
for you have delivered my soul from the  
depths of the grave.

O God, the proud rise up against me  
and a ruthless horde seek after my life;  
they have not set you before their eyes. **R**

But you, Lord, are gracious and full of  
compassion,  
slow to anger and full of kindness and  
truth.

Turn to me and have mercy upon me;  
give your strength to your servant  
and save the child of your handmaid.

Show me a token of your favour,  
that those who hate me may see it and  
be ashamed;  
because you, O Lord, have helped and  
comforted me. **R**

**SECOND READING**

**Romans 8:12-25**

*A reading from the letter of Paul to the  
Romans.*

Brothers and sisters, we are debtors,  
not to the flesh, to live according to the  
flesh – for if you live according to the  
flesh, you will die; but if by the Spirit you  
put to death the deeds of the body, you  
will live. For all who are led by the Spirit  
of God are children of God. For you did  
not receive a spirit of slavery to fall back  
into fear, but you have received a spirit of  
adoption. When we cry, “Abba! Father!”  
it is that very Spirit bearing witness with  
our spirit that we are children of God,  
and if children, then heirs, heirs of God  
and joint heirs with Christ – if, in fact,  
we suffer with him so that we may also  
be glorified with him. I consider that the  
sufferings of this present time are not  
worth comparing with the glory about to  
be revealed to us. For the creation waits  
with eager longing for the revealing of  
the children of God; for the creation was  
subjected to futility, not of its own will  
but by the will of the one who subjected  
it, in hope that the creation itself will be  
set free from its bondage to decay and  
will obtain the freedom of the glory of the  
children of God. We know that the whole  
creation has been groaning in labour  
pains until now; and not only the creation,  
but we ourselves, who have the first fruits  
of the Spirit, groan inwardly while we  
wait for adoption, the redemption of our  
bodies. For in hope we were saved. Now

hope that is seen is not hope. For who  
hopes for what is seen? But if we hope for  
what we do not see, we wait for it with  
patience.

**GOSPEL Matthew 13:24-30. 36-43**

*Hear the gospel of our Lord Jesus Christ  
according to Matthew.*

Jesus put before the crowd another  
parable: “The kingdom of heaven may be  
compared to someone who sowed good  
seed in his field; but while everybody  
was asleep, an enemy came and sowed  
weeds among the wheat, and then went  
away. So when the plants came up and  
bore grain then the weeds appeared as  
well. And the slaves of the householder  
came and said to him, ‘Master, did you  
not sow good seed in your field? Where,  
then, did these weeds come from?’ He  
answered, ‘An enemy has done this.’ The  
slaves said to him, ‘Then do you want us  
to go and gather them?’ But he replied,  
‘No; for in gathering the weeds you would  
uproot the wheat along with them. Let  
both of them grow together until the  
harvest; and at harvest time I will tell the  
reapers, Collect the weeds first and bind  
them in bundles to be burned, but gather  
the wheat into my barn.’” Then Jesus  
left the crowds and went into the house.  
And his disciples approached him, saying,  
“Explain to us the parable of the weeds  
of the field.” He answered, “The one  
who sows the good seed is the Son of  
Man; the field is the world, and the good  
seed are the children of the kingdom; the  
weeds are the children of the evil one and  
the enemy who sowed them is the devil;  
the harvest is the end of the age, and  
the reapers are angels. Just as the weeds  
are collected and burned up with fire, so  
will it be at the end of the age. The Son  
of Man will send his angels, and they will  
collect out of his kingdom all causes of sin  
and all evildoers, and they will throw them  
into the furnace of fire, where there will  
be weeping and gnashing of teeth. Then  
the righteous will shine like the sun in the  
kingdom of their Father. Let anyone with  
ears listen!”

**POST COMMUNION**

God of our pilgrimage,  
you have led us to the living water:  
refresh and sustain us  
as we go forward on our journey,  
in the name of Jesus Christ our Lord.

