

St Gabriel's Church,
Aldersbrook
www.stgabrielsaldersbrook.org.uk

Weekly Newsletter
Sunday 12th July
Trinity 5

10am Parish Eucharist
Celebrant Fr. Chris Smaling
Preacher Fr. Martyn Hawkes

Welcome again to St Gabriel's
whether you join us by
zoom/Youtube or in person

Links to today's service:
[https://www.youtube.com/channel/
UCjb0cVZA0KvLOt6TGy9rsDA?
view_as=subscriber](https://www.youtube.com/channel/UCjb0cVZA0KvLOt6TGy9rsDA?view_as=subscriber)
and
[https://us02web.zoom.us/j/828531
54907](https://us02web.zoom.us/j/82853154907)

You can access any zoom event
we run by phoning: 020 80806592
followed by the number at the end
of the zoom link

This Week

Tuesday 14th July

7 – 7.20pm – silent adoration
before the Blessed Sacrament
(church open for those wishing to
attend in person)

7.30pm PCC Meeting on Zoom

Zoom link for both meetings:

[https://us02web.zoom.us/j/823869
95339](https://us02web.zoom.us/j/82386995339)

Wednesday 15th July

11am service in church and on
zoom and youtube

[https://us02web.zoom.us/j/898649
06034](https://us02web.zoom.us/j/89864906034)

and

[https://www.youtube.com/channel/
UCjb0cVZA0KvLOt6TGy9rsDA?
view_as=subscriber](https://www.youtube.com/channel/UCjb0cVZA0KvLOt6TGy9rsDA?view_as=subscriber)

Evening Prayer

5pm Daily Evening prayer
Monday to Friday

[https://www.youtube.com/channel/
UCjb0cVZA0KvLOt6TGy9rsDA/
videos?view_as=subscriber](https://www.youtube.com/channel/UCjb0cVZA0KvLOt6TGy9rsDA/videos?view_as=subscriber)

and

[https://us02web.zoom.us/j/898787
48179](https://us02web.zoom.us/j/89878748179)

Lockdown cookbook

We are intending to make a
'Lockdown Cookbook', and we
would be grateful for recipes you
have that have sustained you
through this time or food you have
discovered and will always
remember from this testing time.
Please email your recipes to
teresasmith@me.com. If anyone
needs help, with scales for
example then just ask. We are
trying to collect them all in by the
end of July. Thank you.
Teresa Smith

Monday 27th July

Spiritual Book Club

'The Monastery Murders' by E.M.
Powell is the book we are reading.
We will be meeting at 8pm on
Zoom to discuss it. All are
welcome.

Jumble Trail on 8th August

Aldersbrook PTA have organised a
Jumble Trail on 8th August – feel
free to book your place on the trail
if you are in Aldersbrook or Lake
House estates, but if not and you'd
like to offer some 'quality items'
to a stall in the church carpark
please do so to raise funds for St
Gabriel's. Depending on
guidelines we may be able to offer
cakes for sale – watch this space
for more information.

[https://www.eventbrite.co.uk/e/ald
ersbrook-and-lakehouse-jumble-
trail-2020-tickets-94592325191](https://www.eventbrite.co.uk/e/aldersbrook-and-lakehouse-jumble-trail-2020-tickets-94592325191)

Foodbank

Though the government's new
guidance to us may seem rather
confusing at times, one thing that
remains clear is the importance of
the foodbank to enable families to
survive week to week. Thank you
for your continuing donations
which are all much appreciated.
The front door to church remains
open 10 – 12noon Mon – Fri.
Many thanks. Helen and the team.

*Items for weekly notices need to
submitted by Thursday evening.
(sarabertrand47@gmail.com)*

Open Church

We will be open for private prayer
from 10 - 12noon on Tuesday and
Thursday this week.

St Gabriel's Finance

With church now open again we
still want to make sure that anyone
who is unable to join us yet can
still give financially if they wish.

Alternatives for giving include:

1. Bank Transfer – for payment
into our bank account then contact
Nick Riley for details on
aldersbrookstgabriels@gmail.com
2. Cheque – made payable to "St
Gabriels Aldersbrook PCC". Post
or drop it through the door at 47
Woodcote Road, E11 2QB
3. Cash – put the cash in an
envelope with your name/address
and drop it through the door at 47
Woodcote Road, E11 2QB.

Cheques and cash can be also be
dropped off to Ron & Margaret
Filer at 91 Herongate Road if that
is easier.

Tuesday 14th July

Funeral of Tony Nairn's sister
Yvonne Mighty – please hold
Tony & his family in your prayers

For Our Prayers

For those who are sick:

Madeleine Arnold, Mark Arnold,
Kate Arundale, Frances Bonnick,
Sara Booker, Ann Brown, Pauline
Duncombe, Peter Ellis, Jan
Fallowfield, Eileen Galer, Sylvia
Hawkes, John Henry, Phyllis
Lehman, Jacqueline McNie,
John Mitchell, Motunrayo,
Christine Shannon, Norma
Stevenson, Naomi Stewart, Jean
Umoh, Revd Pat Wallson, Cynthia
Williams, Johnno Woods & Alison

For the recently departed

John "Papa" Papadopolus, Yvonne
Mighty

and those whose anniversaries occur at this time

Frank McKinney, Marion
Akehurst, Bob Collings

COLLECT

Almighty and everlasting God,
by whose Spirit the whole body of the
Church is governed and sanctified:
hear our prayer which we offer for all your
faithful people,
that in their vocation and ministry
they may serve you in holiness and truth
to the glory of your name;
through our Lord and Saviour Jesus
Christ,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

FIRST READING Isaiah 55:10-13

*A reading from the book of the prophet
Isaiah.*

Thus says the LORD: As the rain and the
snow come down from heaven, and do
not return there until they have watered
the earth, making it bring forth and sprout,
giving seed to the sower and bread to the
eater, so shall my word be that goes out
from my mouth; it shall not return to me
empty, but it shall accomplish that which
I purpose, and succeed in the thing for
which I sent it. For you shall go out in joy,
and be led back in peace; the mountains
and the hills before you shall burst into
song, and all the trees of the field shall
clap their hands. Instead of the thorn
shall come up the cypress; instead of the
brier shall come up the myrtle; and it shall
be to the LORD for a memorial, for an
everlasting sign that shall not be cut off.

PSALM Psalm 65 [or 65:8-13]

R Be joyful in God, all the earth.

Praise is due to you, O God, in Zion;
to you that answer prayer shall vows be
paid.
To you shall all flesh come to confess their
sins;
when our misdeeds prevail against us,
you will purge them away. **R**

Happy are they whom you choose
and draw to your courts to dwell there.
We shall be satisfied with the blessings of
your house, even of your holy temple.
With wonders you will answer us in your
righteousness, O God of our salvation,
O hope of all the ends of the earth
and of the farthest seas. **R**

In your strength you set fast the mountains
and are girded about with might.
You still the raging of the seas,

the roaring of their waves
and the clamour of the peoples.
Those who dwell at the ends of the earth
tremble at your marvels;
the gates of the morning and evening sing
your praise. **R**

[You visit the earth and water it;
you make it very plenteous.
The river of God is full of water;
you prepare grain for your people,
for so you provide for the earth.
You drench the furrows and smooth out
the ridges;
you soften the ground with showers and
bless its increase. **R**

You crown the year with your goodness,
and your paths overflow with plenty.
May the pastures of the wilderness flow
with goodness
and the hills be girded with joy.
May the meadows be clothed with flocks
of sheep
and the valleys stand so thick with corn
that they shall laugh and sing.] **R**

SECOND READING Romans 8:1-11

*A reading from the letter of Paul to the
Romans.*

There is now no condemnation for those
who are in Christ Jesus. For the law of the
Spirit of life in Christ Jesus has set you
free from the law of sin and of death. For
God has done what the law, weakened
by the flesh, could not do: by sending his
own Son in the likeness of sinful flesh, and
to deal with sin, he condemned sin in the
flesh, so that the just requirement of the
law might be fulfilled in us, who walk not
according to the flesh but according to
the Spirit. For those who live according to
the flesh set their minds on the things of
the flesh, but those who live according to
the Spirit set their minds on the things of
the Spirit. To set the mind on the flesh is
death, but to set the mind on the Spirit is
life and peace. For this reason the mind
that is set on the flesh is hostile to God;
it does not submit to God's law – indeed
it cannot, and those who are in the flesh
cannot please God. But you are not in
the flesh; you are in the Spirit, since the
Spirit of God dwells in you. Anyone who
does not have the Spirit of Christ does
not belong to him. But if Christ is in you,
though the body is dead because of sin,
the Spirit is life because of righteousness.
If the Spirit of him who raised Jesus from

the dead dwells in you, he who raised
Christ from the dead will give life to your
mortal bodies also through his Spirit that
dwells in you.

GOSPEL Matthew 13:1-9. 18-23

*Hear the gospel of our Lord Jesus Christ
according to Matthew.*

Jesus went out of the house and sat beside
the lake. Such great crowds gathered
around him that he got into a boat and sat
there, while the whole crowd stood on the
beach. And he told them many things in
parables, saying: "Listen! A sower went out
to sow. And as he sowed, some seeds fell
on the path, and the birds came and ate
them up. Other seeds fell on rocky ground,
where they did not have much soil, and
they sprang up quickly, since they had no
depth of soil. But when the sun rose, they
were scorched; and since they had no root,
they withered away. Other seeds fell among
thorns, and the thorns grew up and choked
them. Other seeds fell on good soil and
brought forth grain, some a hundredfold,
some sixty, some thirty. Let anyone with
ears listen! Hear then the parable of the
sower. When anyone hears the word of the
kingdom and does not understand it, the
evil one comes and snatches away what is
sown in the heart; this is what was sown on
the path. As for what was sown on rocky
ground, this is the one who hears the word
and immediately receives it with joy; yet
such a person has no root, but endures only
for a while, and when trouble or persecution
arises on account of the word, that person
immediately falls away. As for what was
sown among thorns, this is the one who
hears the word, but the cares of the world
and the lure of wealth choke the word, and
it yields nothing. But as for what was sown
on good soil, this is the one who hears the
word and understands it, who indeed bears
fruit and yields, in one case a hundredfold,
in another sixty, and in another thirty."

POST COMMUNION

Grant, O Lord, we beseech you,
that the course of this world may be so
peaceably ordered by your governance,
that your Church may joyfully serve you in
all godly quietness;
through Jesus Christ our Lord.

