

St Gabriel's Church, Aldersbrook

www.stgabrielsaldersbrook.org.uk

Weekly Newsletter
Sunday 8th March
Lent 2

8.30am Holy Communion
Celebrant Canon Martyn Hawkes

10.00am Parish Eucharist
Celebrant & Preacher Fr. Mark
Kenny
Deacon Fr. Chris Smaling
(487, 69, 54, 463, 689)

5.30pm Transfiguration Service
MMU contemporary worship
service at St Peter in the Forest.

This Week

Wednesday

11am Holy Communion

Morning & Evening Prayer

Morning prayer:

Mon 11am, Tue – Thu 8.30am

Evening prayer 5pm: Mon – Thur

Tuesday 10th March

7- 8pm prayer at the Blessed
Sacrament, followed by Eucharist.
8pm PCC Meeting

Wednesday 11th March

10 - 11am. We have signed up with
Christian aid to pray for the ongoing
challenge of the Climate Emergency
The side chapel will be a place of
prayer for this at any time but you
can pray at this hour wherever you
are. We will commit to this each
week during Lent at different times
so that hopefully others can join.

Thursday

Connection Cafe 10 - 11:30 am
'Tai Chi' class at 10:15 am – cost £5
per session.

Friday 13th March

2pm Funeral of Stephen Lungley

Saturday 21st March

Next Messy Church: Messy
Mothers Day - you know the drill,
get thinking!

*Items for weekly notices need to
submitted by Thursday evening.
(sarabertrand47@gmail.com)*

Coronavirus precautions

Due to our desire as a church to be a
safe space for all to worship & in the
light of advice from our archdeacon
we have agreed to 1) share the peace
without shaking hands; 2) invite all
to receive both bread & wine if they
wish but understand that some may
wish only to receive the bread; and
3) stop the practice of dipping the
bread into the wine, which creates a
greater risk than drinking from the
cup. Any questions see Fr Martyn.

Sunday 15th March

Lent Soup Lunch to support the
Diocesan Lent appeal raising funds
to support small enterprises in our
link dioceses of Kenya. Offers to
make soup would be much
appreciated. Please see Fr Martyn.

Tuesday 17th March

2-3pm Goldies Sing. Flyers at the
back of church. Please pass on the
information to an older person who
might benefit from this event.

Tuesday Art

Sorry there was no Tuesday art,
knitting & chat session last week but
it will resume on Tuesday 10th as
usual. Then on the 17th we will
combine with Goldies event above.

Tuesday 24th March

Quiet Evening with a reflection on
the Archbishop's Lent book by Ruth
Valerio, Saying Yes to Life,
including contemplative silence.

Thursday 7pm for 7.30pm to 9pm

at St Paul's Stratford – Diocese of
Chelmsford Lent Lectures. Details
available at the back.

Saturday 4th April

Parish Work/Open Day
Come along from 9:30am to help
with varied tasks to help clean and
maintain our beautiful church. You
can drop in anytime during the day
for as long as you can. See Ron or
Ken for more information.

Foodbank Update

This month we celebrate Mothering
Sunday. We would like to recognise
this in suggesting a change in focus
in our donations to the foodbank, so
this month please think about buying
extra women's toiletries when you
do your own shopping! Many thanks
for your continued generosity.

Today: Sunday 8th March Saxophone & Flute Recital

12 noon - a recital of saxophone &
flute music, with refreshments
afterwards. Programme includes a
jazz saxophone sonata by John
Light, which was performed at
Exeter Cathedral last August.
Proceeds will go to St Gabriel's.

Due to the recital in church today
the junior choir rehearsal will take
place downstairs in the choir vestry
and confirmation upstairs in the hall.

Refugee Project.

Another way to support this project
raising funds to sponsor a refugee
family fleeing war in Syria can be
found at #refugeeswelcome
www.crowdfunder.co.uk/wanstead .
Please share this with your friends.

Summer Holiday Club 2020

21st to 24th July

Volunteers needed to support,
encourage and lead young people
during a week of fun-filled
activities. Please speak to Anthony
Yearwood for further information.

For Our Prayers

Those who are sick:

Madeleine Arnold, Mark Arnold,
Angela Bell-Tromans, Frances
Bonnick, Ann Brown, Victor
Christie, Pauline Duncombe, Peter
Ellis, Eileen Galer, Phyllis
Lehman, Jacqueline McNie, John
Mitchell, Christine Shannon, Norma
Stevenson, Revd Pat Wallson,
Cynthia Williams, Jean Winstone &
Johnno Woods

For the recently departed

Marcus Marius, Anchal Banerjee,
John Mulrooney, Elizabeth Jones

and those whose anniversaries occur at this time

Elsie Adams, Donald Tunbridge, Vi
Worrall, Stanley Hulstrom

Prayer

St Gabriel's has a prayer circle
where people commit to praying
in confidence for any urgent
concern. Please speak to Amelia
our Pastoral Assistant to know
more or you can text a prayer
concern to her on 07*****