

St Gabriel's Church, Aldersbrook

www.stgabrielsaldersbrook.org.uk

Weekly Newsletter
Sunday 1st March
Lent 1

8.30am Holy Communion
Celebrant Fr. Chris Smaling

10.00am Parish Eucharist
Celebrant Canon Martyn Hawkes
Preacher Fr. Chris Smaling
(190, 379, 70, 165, 572)

This Week

Wednesday

11am Holy Communion

Morning & Evening Prayer

Morning prayer:

Mon 11am, Tue – Thu 8.30am

Evening prayer 5pm: Mon, Tue and

Thurs. only this week

Thursday

Connection Cafe 10 - 11:30 am

'Tai Chi' class at 10:15 am – cost £5 per session.

Sunday 8th March

5.30pm Transfiguration Service
Our MMU contemporary worship service will be at St Peter in the Forest. Come along and support!

Tuesday 10th March

8pm PCC Meeting

Saturday 21st March

Next Messy Church: Messy Mothers Day - you know the drill, get thinking!

Social Events

Would you like to help organise an event to raise funds for St Gabriel's and gather the community together? We need people willing on a one-off basis to have a go – encouragement and support provided, and people will help, but we need people to work together to make it happen! See Fr Martyn if you are willing.

For the diary: Parish Pilgrimage

Due to difficulties with arrangements with Oxford this year, Fr Stephen has kindly arranged for us to go to Guildford – the date is September 19th.

Sunday 15th March

Lent Soup Lunch to support the Diocesan Lent appeal. This year it is raising funds for microfinance in our link dioceses of Kenya to support small enterprises. Offers to make soup for this event would be much appreciated. Please see Fr Martyn.

The various Lent talks and inputs start this week

Thursday 5th March

12 Noon at Christ Church – Gardens of the Bible led by Canon Ann. Course flyers available at the back. Fr Martyn will conclude this with a reflection on the Archbishop's Lent book by Ruth Valerio entitled *Saying Yes to Life*. That same reflection will form part of a Quiet Evening on **Tuesday 24th March** including contemplative silence in our normal monthly pattern.

Thursday 7pm for 7.30pm to 9pm

at St Paul's Stratford – Diocese of Chelmsford Lent Lectures by the bishops & archdeacons. Details available at the back.

#live!ent

The Church of England's Lent focus on the environment.

www.churchofengland.org

Sign up to receive daily email reflections during lent, or from an upcoming mobile phone app. There are also booklets that Fr Martyn will order on demand if you prefer.

Saturday 4th April

Parish Work/Open Day

Come along from 9:30am to help with varied tasks to help clean and maintain our beautiful church. You can drop in anytime during the day for as long as you can. See Ron or Ken for more information.

Foodbank Update

This month we celebrate Mothering Sunday. We would like to recognise this in suggesting a change in focus in our donations to the foodbank, so this month please think about buying extra women's toiletries when you do your own shopping! Many thanks for your continued generosity. Helen and the team.

Items for weekly notices need to submitted by Thursday evening.
(sarabertrand47@gmail.com)

Sunday 8th March

Please stay after coffee for a recital of saxophone & flute music starting at 12 noon, with refreshments afterwards. Programme includes a jazz saxophone sonata by John Light, which was performed at Exeter Cathedral last August. Proceeds will go to St Gabriel's.

Confirmation & First Communion

St Gabriel's is hosting confirmation this year on 10th May. Young people's sessions start today at 12 noon. Adult sessions will be arranged for any interested candidates. Please see Fr. Martyn if you are interested.

Sunday 14th June

First communion will take place in our new service. Preparation starts after Easter for children 7+.

Summer Holiday Club 2020

21st to 24th July

Volunteers needed to support, encourage and lead young people during a week of fun-filled activities. Please speak to Anthony Yearwood for further information.

For Our Prayers

Those who are sick:

Madeleine Arnold, Mark Arnold, Angela Bell-Tromans, Frances Bonnick, Ann Brown, Victor Christie, Pauline Duncombe, Peter Ellis, Eileen Galer, Phyllis Lehreman, Jacqueline McNie, John Mitchell, Christine Shannon, Norma Stevenson, Revd Pat Wallson, Cynthia Williams, Jean Winstone & Johnno Woods

For the recently departed

John Mulrooney, Elizabeth Jones, Stephen Lungley, John Card

and those whose anniversaries occur at this time

Irene Insley, Ian Pattullo

Prayer and Anointing

On the 1st Sunday of every month there is an opportunity to receive prayer in two ways during communion in the Annunciation chapel: the priest can offer anointing for healing with holy oil on your hands or forehead and there is a prayer station with two people who can pray for any need or concern you wish to share.