

St Gabriel's Church, Aldersbrook

www.stgabrielsaldersbrook.org.uk

Weekly Newsletter
Sunday 9th February
3rd before Lent

8.30am Holy Communion
Celebrant Fr. Martyn Hawkes

10.00am Parish Eucharist
Celebrant & Preacher
Fr. Mark Kenny

Deacon Fr. Chris Smaling
(739, 367, 332, 540, 684)

11.30 – 12.30 PCC meeting

This Week

Wednesday

11am Holy Communion

Morning & Evening Prayer

Morning prayer:

Mon 11am, Tue – Thu 8.30am

Evening prayer 5pm: Mon – Thur

Monday

9am Stay and Play

Tuesday 11th February

Evening service at 7 -7.30pm.
Do come along for 30 mins of
peace and contemplation.

Wednesday 12th February

2-7pm in St Gabriel's.
Consultation on conservation area.
Come to have your say on the draft
plan for Aldersbrook.

Thursday

Connection Cafe 10 - 11:30 am
'Tai Chi' class at 10:15 am – cost
£5 per session.

Foodbank Update

We're already in to February but it
still feels chilly enough for soup
and stew! We'd like to focus on
this food in our donations for the
next few weeks - meat, vegetable,
any and all sorts. Thank you.
Helen and the team.

*Items for weekly notices need to
submitted by Thursday evening.
(sarabertrand47@gmail.com)*

Saturday 15th February

Charity Coffee Morning 10am –
12 noon in Church. Free stalls
available for charities to raise their
profile or some funds for their
work. If you can provide some
cakes for this please speak to Ron.

Saturday 15th February

7.30 for 8pm Open Mic Night
The long-awaited rearranged
event! Performers please register
your interest in playing. All styles
welcome.

Spiritual Book Club

We are reading 'A Single Thread'
by Tracy Chevalier. We are
meeting in the vicarage on
Monday 24th February at 8 pm to
discuss it. All are welcome.

Parish Magazine

We are aiming to produce 4
magazines in 2020 – slim, but full
of content! You have until 1st
March (no later, no exceptions) to
submit articles for the next edition
to Ron, so do get writing!

Lent 2020

Thursday evenings - a series of
talks by the bishops & archdeacons
of the diocese in relation to the
Environment at St Paul's Stratford.
Details at the back. No sign up
necessary but do add to your diary.

Thursday lunchtimes

Lent series at Christ Church by
Canon Ann - all are invited, details
to follow. Fr Martyn will conclude
this series with a reflection on the
Archbishop's Lent book by Ruth
Valerio entitled Saying Yes to
Life. That same reflection will
form part of a Quiet Evening on
Tuesday 24th March including
contemplative silence in our
normal monthly pattern.

#liveLent

The Church of England's Lent
focus on the environment.
www.churchofengland.org
You can sign up to receive daily
email reflections during lent, or
from an upcoming mobile phone
app. There are also booklets that Fr
Martyn will order on demand if
you prefer.

ADVANCE NOTICE

Summer Holiday Club 2020: August 24-28.

Volunteers needed to support,
encourage and lead young people
during a week of fun-filled
activities. Please speak to Anthony
Yearwood for further information.

For the diary: Parish Pilgrimage

Due to difficulties with
arrangements with Oxford this
year, Fr Stephen has kindly
arranged for us to go to Guildford
– the date is September 19th. So, do
put this in your 2020 diary.

URGENT REQUEST

We urgently need more volunteers
for the sidepeople and tea rotas.
Please see Margaret Filer asap to
volunteer for these important roles.

Snaresbrook Crown Court

We need volunteers to sit with
others and keep the chapel open at
lunchtime. See Fr Martyn or
Amelia or Margaret Filer to learn
more.

For Our Prayers

Those who are sick:

Madeleine Arnold, Mark Arnold,
Frances Bonnick, Ann Brown,
Victor Christie, Pauline
Duncombe, Peter Ellis, Eileen
Galer, Phyllis Lehreman,
Jacqueline McNie, John Mitchell,
Christine Shannon, Norma
Stevenson, Revd Pat Wallson,
Cynthia Williams, Jean Winstone
& Johnno Woods

For the recently departed

Comfort Owusu Ansah
**and those whose anniversaries
occur at this time**

Oliver Joseph, Ellen Galer

Prayer

St Gabriel's has a prayer circle
where people commit to praying
in confidence for any urgent
concern. Please speak to Amelia
our Pastoral Assistant to know
more or you can text a prayer
concern to her on 07534 411745.