

# St Gabriel's Church, Aldersbrook

[www.stgabrielsaldersbrook.org.uk](http://www.stgabrielsaldersbrook.org.uk)

Weekly Newsletter  
Sunday 2<sup>nd</sup> February  
Candlemas

8.30am Holy Communion  
*Celebrant* Fr. Martyn Hawkes

10.00am Parish Eucharist  
*Celebrant* Fr. Chris Smaling  
*Preacher* Fr. Martyn Hawkes  
(755, sheet, 419, sheet, 486)

This Week

**Wednesday**

11am Holy Communion

**Morning & Evening Prayer**

Morning prayer:

Mon 11am, Tue – Thu 8.30am

Evening prayer 5pm: Mon – Thur

**Monday**

9am Stay and Play

**Monday 3<sup>rd</sup> February**

MMU meeting – St Mary's  
Woodford

**Tuesday 4<sup>th</sup> February**

2-3.15pm Bereavement drop-in  
café at St Mary's Woodford

**Thursday**

Connection Cafe 10 - 11:30 am

'Tai Chi' class at 10:15 am – cost  
£5 per session.

Further information from Amelia.

**Thursday 6<sup>th</sup> February**

1.25pm Communion service at  
Snaresbrook Crown Court

**Sunday 9<sup>th</sup> February**

11.30 – 12.30 PCC meeting

**Foodbank Update**

Redbridge Foodbank has been exceptionally busy recently and they are particularly in need of toiletries. If you can help with donations, men's toiletries especially, that would be much appreciated. Thanks! Helen and the team.

**Saturday 8<sup>th</sup> February**

7.30pm Redbridge Brass Concert  
Romance and passion! – See  
posters for details.

**Saturday 15<sup>th</sup> February**

St Gabriel's Charity Coffee  
Morning 10am – 12 noon in  
Church. Free stalls available for  
charities to raise their profile or  
some funds for their work – See  
Ron Filer to book a table.  
If you can provide some cakes for  
this event please speak to Ron.

**Saturday 15<sup>th</sup> February**

7.30 for 8pm Open Mic Night  
The long-awaited rearranged  
event! Performers please register  
your interest in playing. All styles  
welcome.

**Environment and Lent**

7pm Wednesday 5<sup>th</sup> February at St  
John's Stratford. Environment  
meeting to prepare for a significant  
year for the planet: Lambeth  
conference in July, meeting of  
governments in Glasgow in  
November. What can the church  
do? This meeting will try to  
explore that question for East  
London. All welcome.

**Lent this year:** St Gabriel's will  
be working with others this year  
for Lent courses:

**Thursday evenings** - a series of  
talks by the bishops & archdeacons  
of the diocese in relation to the  
Environment at St Paul's Stratford.  
Details are available at the back of  
church. No sign up necessary but  
do put these in your diary.

**Thursday lunchtimes** Canon Ann  
will be running a Lent series at  
Christ Church - all are invited -  
more details to follow. Fr Martyn  
will conclude this series with a  
reflection on the Archbishop's  
Lent book by Ruth Valerio entitled  
Saying Yes to Life. That same  
reflection will form part of a Quiet  
Evening on **Tuesday 24<sup>th</sup> March**  
including contemplative silence in  
our normal monthly pattern.

*Items for weekly notices need to  
submitted by Thursday evening.  
([sarabertrand47@gmail.com](mailto:sarabertrand47@gmail.com))*

**Spiritual Book Club**

We are reading 'A Single Thread'  
by Tracy Chevalier. We are  
meeting in the vicarage on  
**Monday 24<sup>th</sup> February** at 8 pm to  
discuss it. All are welcome.

**Snaresbrook Crown Court**

Chaplaincy – this work offers a  
connection between the church and  
the largest crown court in the  
country. We need volunteers to sit  
with others and keep the chapel  
open at lunchtime. An offering of a  
once a month, once a week or  
whatever you can offer would be  
appreciated. No specialist training  
required. See Fr Martyn or Amelia  
or Margaret Filer to learn more.

**URGENT REQUEST**

We urgently need more volunteers  
for the sidepeople and tea rotas.  
A number of people have needed  
to come off the list for personal  
reasons and we need volunteers to  
join or make new teams.  
Please see Margaret Filer asap to  
volunteer for these important roles.

**For Our Prayers**

**Those who are sick:**

Madeleine Arnold, Mark Arnold,  
Frances Bonnick, Ann Brown,  
Victor Christie, Pauline Duncombe,  
Peter Ellis, Eileen Galer, Phyllis  
Lehman, Jacqueline McNie, John  
Mitchell, Comfort Owusu Ansah,  
Christine Shannon, Norma  
Stevenson, Revd Pat Wallson,  
Cynthia Williams, Jean Winstone &  
Johnno Woods

**For the recently departed**

Fr. Graeme Watson, Ken Winger  
**and those whose anniversaries  
occur at this time**

Kate Swain, Frederick Adams, Phil  
Christie, Catherine Rhys, Elizabeth  
Allan, Olive Bidmead, Thomas  
Gasper

**Prayer**

St Gabriel's has a prayer circle  
where people commit to praying  
in confidence for any urgent  
concern. Please speak to Amelia  
our Pastoral Assistant to know  
more or you can text a prayer  
concern to her on 07534 411745.