

# St Gabriel's Church, Aldersbrook

[www.stgabrielsaldersbrook.org.uk](http://www.stgabrielsaldersbrook.org.uk)

Weekly Newsletter  
Sunday 26<sup>th</sup> January  
Epiphany 3

8.30am Holy Communion  
*Celebrant* Fr. Martyn Hawkes

10.00am Parish Eucharist  
*Celebrant* Fr. Chris Smaling  
*Preacher* Revd Canon Ian Tarrant,  
Rector of St Mary's Woodford  
(163, 349, 70, 144, 646)

Martyn is preaching at St Peter in  
the Forest this morning as the  
clergy in the MMU exchange  
pulpits

This Week

## Wednesday

11am Holy Communion

## Morning & Evening Prayer

Morning prayer:

Mon 11am, Tue – Thu 8.30am  
Evening prayer 5pm: Mon – Thur

## Tuesday 28<sup>th</sup> January

8pm Contemplative Prayer  
30 minutes of blissful silence  
together with others in the  
presence of God (and a multitude  
of angels). Come & experience it.

## Monday

9am Stay and Play

## Thursday

Connection Cafe 10 - 11:30 am  
'Tai Chi' class at 10:15 am – cost  
£5 per session.  
Further information from Amelia.

## Messy Church

Big thanks for all the support at  
yesterday's Messy Church and to  
Fr Chris, Gaynor and others who  
make sure that we are well  
prepared to welcome people to St  
Gabriel's.

## Sunday 26<sup>th</sup> January

As part of a role as Area Dean  
Martyn will be made honorary  
canon of Chelmsford Cathedral at  
a service at 3.30pm. Anyone is  
most welcome to attend this  
service.

## Saturday 8<sup>th</sup> February

7.30pm Redbridge Brass Concert  
Romance and passion! – See  
posters for details.

## Saturday 15<sup>th</sup> February

St Gabriel's Charity Coffee  
Morning 10am – 12 noon in  
Church. Free stalls available for  
charities so do get them along to  
raise their profile or some funds  
for their work – See Ron Filer for  
booking a table

## Saturday 15<sup>th</sup> February

7.30 for 8pm Open Mic Night  
The long-awaited rearranged  
event! Performers please register  
your interest in playing. All styles  
welcome.

## Spiritual Book Club

We are reading 'A Single Thread'  
by Tracy Chevalier. We are  
meeting in the vicarage on  
**Monday 24<sup>th</sup> February** at 8 pm to  
discuss it. All are welcome.

## Foodbank Update

Redbridge Foodbank has been  
exceptionally busy recently and  
they are particularly in need of  
toiletries. If you can help with  
donations, men's toiletries  
especially, that would be much  
appreciated. Thanks! Helen and  
the team.

*Items for weekly notices need to  
submitted by Thursday evening.  
([sarabertrand47@gmail.com](mailto:sarabertrand47@gmail.com))*

## URGENT REQUEST

We urgently need more volunteers  
for the sidepeople rota.  
A number of people have needed  
to come off the list for personal  
reasons and we need volunteers to  
join or make a new team.  
Please see Margaret Filer asap to  
volunteer for this important role.  
New volunteers for the tea rota  
would also be very welcome.

## For Our Prayers

Please pray for our neighbours in  
the MMU: The new minister for  
Holy Trinity Hermon Hill the  
Revd Abi Todd and St Mary's as  
they prepare for Revd Canon Ian  
Tarrant moving on at the  
beginning of March.

## Those who are sick:

Madeleine Arnold, Mark Arnold,  
Frances Bonnick, Ann Brown,  
Victor Christie, Pauline  
Duncombe, Peter Ellis, Eileen  
Galer, Phyllis Lehreman,  
Jacqueline McNie, John Mitchell,  
Comfort Owusu Ansah, Christine  
Shannon, Norma Stevenson, Revd  
Pat Wallson, Cynthia Williams,  
Jean Winstone & Johnno Woods

## For the recently departed

Fr. Graeme Watson, Ken Winger

## Prayer

St Gabriel's has a prayer circle  
where people commit to praying  
in confidence for any urgent  
concern. Please speak to Amelia  
our Pastoral Assistant to know  
more or you can text a prayer  
concern to her on 07534 411745.