

2019 St Gabriel's Year of Invitation

St Gabriel's Church, Aldersbrook

www.stgabrielsaldersbrook.org.uk

Weekly Newsletter

Sunday 17th November

8.30am Holy Communion
Celebrant Fr. Martyn Hawkes

10.00am Parish Eucharist
Celebrant Fr. Chris Smaling
Preacher Fr. Mark Kenny
(Hymns in service book)

Today we celebrate St Cecilia's Day
– patron saint of musicians.
There may be a few songs that are
new to you. We'd love some
feedback!

This Week

Wednesday

11am Holy Communion

Morning & Evening Prayer

Morning prayer 11am Monday and
8.30am Tue – Thur
Evening prayer 5pm: Mon – Thur

Monday

9am – 10:30am Stay and Play

Thursday

10 – 11.30am Connections Coffee

The 20 weeks of free 'Tai Chi' on
Thursday have come to an end. New
sessions at £5 per session (to cover
cost) will start on **Thursday 21st
November**. Further information
from Amelia.

Environment Study Group

The Youth Group meets at 12 noon
upstairs in the hall.
Adult courses are on Wednesday 12
noon and Thursday 7.45pm both in
church.

Sunday 17th November

11.30am PCC meeting today in
church rather than the hall.

*Items for weekly notices need to
submitted by Thursday evening.
(sarabertrand47@gmail.com)*

Tuesday 19th November

8pm Spiritual Book Club at the
Vicarage to discuss our next book,
'The Return of the Prodigal Son' by
Henri Nouwen. All are welcome.

Next Saturday 23rd November

Thanksgiving Pot-luck Supper.
Please sign up and bring a dish to
share. £5 for adults, under 18s free.
Music, welcome drink and nibbles
provided. Also, please let Jen know
if you can help to set up, welcome,
and/or wash up. Bring friends and
family - we are hoping to create a
community wide event! All profits
will go to support a Syrian refugee
family who will be hosted by our
local community.

Refugee Welcome

St Gabriel's has agreed to support a
Home Office scheme providing a
new start for a Syrian Refugee
Family in Wanstead. This is a major
community venture and requires a
core group of volunteers to prepare
the ground. Could this be you? We
need 2 volunteers for the group who
will meet monthly to plan and
progress the scheme.

Next Sunday 24th November

5.30pm Transfiguration Service
Our MMU contemporary worship
service at Christ Church Wanstead
All are welcome! If you'd like to be
involved musically see Martyn.

Saturday 30th November

St Andrew's Day open mic evening
Winter Warmer from Around the
World. Drop in to hear live music.

Foodbank Update

At the start of this decade only a
handful of foodbanks existed. Now
research from Heriot-Watt
University found that 1 in 50 UK
households used one of the 2000+
foodbanks in 2018-19. Problems
with the benefit system, disability or
ill health were significant drivers.
News like this makes our donations
to the Redbridge Foodbank all the
more important. Please do keep
them up! Many thanks. Helen and
the team.

Advent Parish Magazine

The newly printed magazine is
available for distribution today.
A big thank you to the new team
who have produced this edition and
the hands that have folded and
stapled it!

Now over to you: please help with
delivering it around the parish as
soon as possible this week. Don't
forget to mark your name against the
street for the ones you have taken.
Thank you!

Dates for the Diary:

Christmas Market

Fri. 6th and Sat. 7th December
More details to follow – speak to
Kevin if you can volunteer to help
on either day (or both!).

Christingle Service

Friday 20th December 6.30pm

Carol Service

Sunday 22nd December

2020 Retreat

There will not be a St Gabriel's
parish retreat in 2020 but there is a
joint MMU retreat, including Bishop
Stephen. We've got up to 5 places.
Responses needed by the end of
November. See flier for detail. Let
Martyn or Amelia know if you are
interested.

WOW

13th December - trip to Covent
Garden to admire the Christmas
decorations & share a glass of wine
Please speak to Gaynor for more
details on 07943 414900 or
Ghenry057@aol.com

For Our Prayers

Those who are sick:

Madeleine Arnold, Mark Arnold,
Peter Baker, Frances Bonnick, Ann
Brown, Victor Christie, Pauline
Duncombe, Peter Ellis, Eileen Galer,
Phyllis Lehreman, Jacqueline
McNie, John Mitchell, Comfort
Owusu Ansah, Christine Shannon,
Bill Starling, Norma Stevenson,
Revd Pat Wallson, Cynthia
Williams, Jean Winstone & Johnno
Woods

For those whose anniversaries of death occur at this time:

Joan Seeley