

2019 St Gabriel's Year of Invitation

St Gabriel's Church, Aldersbrook

www.stgabrielsaldersbrook.org.uk

Weekly Newsletter

Sunday 10th November

Remembrance Sunday

8.30am Holy Communion
Celebrant Fr. Martyn Hawkes

10.00am Parish Eucharist
Celebrant Fr. Chris Smaling
Preacher Fr. Martyn Hawkes
(Hymns in service book)

A warm welcome again to our
uniform groups today.

This Week

Wednesday

11am Holy Communion

Morning & Evening Prayer

Morning prayer 11am Monday and
8.30am Tue – Thur

Evening prayer 5pm: Mon – Thur

Monday

9am – 10:30am Stay and Play

Thursday

10 – 11.30am Connections Coffee

The 20 weeks of free 'Tai Chi' on
Thursday have come to an end. New
sessions at £5 per session (to cover
cost) will start on **Thursday 21st
November**. Further information
from Amelia.

Friday 15th November

10.30am Funeral of Stephen Fayne
at St Gabriel's.

Environment Study Group

The Youth Group meets at 12 noon
upstairs in the hall with pizza!
Adult courses are on Wednesday 12
noon and Thursday 7.45pm both in
church.

Sunday 17th November

11.30am PCC meeting in church
rather than the hall.

*Items for weekly notices need to
submitted by Thursday evening.
(sarabertrand47@gmail.com)*

Tuesday 19th November

8pm Spiritual Book Club at the
Vicarage to discuss our next book,
'The Return of the Prodigal Son' by
Henri Nouwen. All are welcome.

Sunday 17th November

Sunday for St Cecilia
New hymns from the hymnal... take
a look through and if you'd like to
submit a choice for us to sing the
only requirement is that it's in the
hymnal. We're looking to expand
and explore our repertoire, so
contemporary especially welcome!

Saturday 23rd November

St Gabriel's Thanksgiving Pot-luck
supper. There is a sign up sheet at
the back of church – do get a table
together for a fun evening to support
a Syrian refugee family.

Refugee Welcome

St Gabriel's has agreed to support a
Home Office scheme providing a
new start for a Syrian Refugee
Family in Wanstead. This is a major
community venture and requires a
core group of volunteers to prepare
the ground. Could this be you? We
need 2 volunteers for the group who
will meet monthly to plan and
progress the scheme.

Sunday 24th November

5.30pm Transfiguration Service
Our MMU contemporary worship
service at Christ Church Wanstead
All are welcome! If you'd like to be
involved musically see Martyn.

Saturday 30th November

St Andrew's Day open mic evening
Winter Warmer from Around the
World. Drop in to hear live music.

Foodbank Update

At the start of this decade only a
handful of foodbanks existed. Now
research from Heriot-Watt
University found that 1 in 50 UK
households used one of the 2000+
foodbanks in 2018-19. Problems
with the benefit system, disability or
ill health were significant drivers.
News like this makes our donations
to the Redbridge Foodbank all the
more important. Please do keep
them up! Many thanks. Helen and
the team.

2020 Retreat

There will not be a St Gabriel's
parish retreat in 2020 but there is a
joint MMU retreat, including Bishop
Stephen. We've got up to 5 places.
Responses needed by the end of
November. See flier for detail. Let
Martyn or Amelia know if you are
interested.

Dates for the Diary:

Christmas Market

Fri. 6th and Sat. 7th December
More details to follow.

Christingle Service

Fri 20th December 6.30pm

WOW

13th December - trip to Covent
Garden to admire the Christmas
decorations & share a glass of wine
30th December - Panto at Stratford.
Tickets are £10-35 - need to know
by 8th November to get the tickets
Please speak to Gaynor for more
details on these two dates on 07943
414900 or Ghenry057@aol.com

St Gabriel's is changing banks.

We're moving to the Cooperative
Bank, which doesn't invest in things
like fossil fuel extraction thus caring
for the climate. The switch hasn't
been fully made but the process
should be seamless & won't require
any action from existing donors.
If you'd like to make a donation to
support us but don't have cash then
we now have contactless & other
card payment options which you can
use on your way out. Thanks!

For Our Prayers

Those who are sick:

Madeleine Arnold, Mark Arnold,
Peter Baker, Frances Bonnick, Ann
Brown, Victor Christie, Pauline
Duncombe, Peter Ellis, Eileen Galer,
Phyllis Lehreman, Jacqueline
McNie, John Mitchell, Comfort
Owusu Ansah, Christine Shannon,
Bill Starling, Norma Stevenson,
Revd Pat Wallson, Cynthia
Williams, Jean Winstone & Johnno
Woods

For those whose anniversaries of death occur at this time:

Alan Sidney Ramsey, Christine
Yeomans