

ENVIRONMENT ACTIONS

Things you can do:

Keep pressure on local Councils to go carbon neutral by 2030, put pension funds into green energy rather than fossil fuels

Write to your M.P. about supporting measures designed to reduce greenhouse gas emissions

Cycle, walk and use public transport rather than drive – petrol and diesel vehicles cause a lot of pollution and damage peoples' health as well as contributing to global warming

Travel by train or boat rather than plane – planes create a lot of atmospheric pollution. Off-set any unavoidable plane flights by planting trees, etc.

Change to an electric car or use a car pool if driving is essential

Use a Green energy supplier

Use an environmentally friendly bank – avoid those that encourage fossil fuel extraction

Support an environmental group, (either actively or financially), such as: Greenpeace, ARocha, Surfers Against Sewage, Extinction Rebellion, your local Fossil Free group, London National Park City, etc.

Plant trees (see groups such as Trees for Life.org.uk)

Avoid plastic

Use energy efficient light-bulbs and switch them off when leaving a room

Insulate your home well - to stop heat escaping into the atmosphere

Re-use, recycle and repair clothes and other items – to reduce carbon emissions created by their production and transportation

Eat less meat and dairy – cattle emit a lot of methane and rainforests are destroyed to grow crops to feed them

Adopt a vegan diet

Calculate food portions carefully - to reduce waste which would go to landfill and give out greenhouse gases

Some useful websites:

www.greenchristian.org.uk – lots of resources, including many different ways of helping the planet

www.arocha.org.uk – run a scheme called Eco Church to help churches become more environmentally friendly, many resources, including liturgical ones

www.christianclimateaction.org – a Christian branch of XR

www.treesforlife.org.uk – a scheme in Scotland, focused on rewilding the Caledonian Forest with native tree and shrub species, and working to reintroduce lost wildlife

www.rebellion.earth – the website of Extinction Rebellion (XR), whose 3 aims are: 1) to get the Government to declare a climate emergency, 2) to achieve carbon neutrality by 2025, and 3) to hold citizens' assemblies to make the vital decisions that could help mitigate climate disaster

www.wrengroup.org.uk – Wanstead Park and Flats conservation group

www.greenpeace.org – an effective environmental campaigning group

www.friendsoftheearth.org - campaign for justice and the planet

www.rainforestalliance.org – certify common rainforest products for sustainability, etc.

www.naee.org.uk -website of National Association for Environmental Education. They support education for sustainable development

www.energysavingtrust.org.uk – informs people about how to reduce the energy they are using

www.ethicalconsumer.org – explains how to use your spending power to help change the world for the better

www.gofossilfree.org – a global campaign led by local groups demanding that local communities and institutions commit to transitioning to renewable energy
