

## 2019 St Gabriel's Year of Invitation

### St Gabriel's Church, Aldersbrook

[www.stgabrielsaldersbrook.org.uk](http://www.stgabrielsaldersbrook.org.uk)

#### Weekly Newsletter

Sunday 3<sup>rd</sup> March  
8.30am Holy Communion  
*Celebrant* Revd Pat Wallson

10.00am Parish Eucharist  
*Celebrant* Fr. Martyn Hawkes  
*Deacon* Fr. Chris Smaling  
*Preacher* Revd Pat Wallson  
(100, 86, 317, 428, 12)

12 noon - Young people's Lent  
group upstairs

5.30pm Special service at St Mary's  
Woodford, with the Vicar on Bass  
guitar. Do come along and explore  
another style of worship!

#### This Week

##### **Wednesday 6<sup>th</sup> March**

Ash Wednesday services at 11am  
and 8pm to begin the Holy season  
of Lent

##### **Morning & Evening Prayer**

Morning prayer:  
Mon 10 am & Tue – Thu 8am  
Evening prayer: Mon - Thur 5pm

##### **Monday 4<sup>th</sup> March**

Stay and Play 9 – 10.30am:

##### **Thursday 7<sup>th</sup> March**

Connections for older people 10 –  
11.30am.

##### **Sunday 17<sup>th</sup> March**

Bacon butties after church (or vegan  
alternative!) for a fund-raising  
service on Toilet Twinning - Can't  
wait!

##### **Sunday 24<sup>th</sup> March**

Evening 5pm - a special service for  
the feast of the Annunciation - make  
this the wonderful festival that it is  
for us with Gabriel as our Patron

##### **Sunday 31<sup>st</sup> March**

Mothering Sunday - uniform group  
parade service

#### **Electoral Roll Revision**

Every 6 years we are required to  
prepare a complete new electoral  
roll, when everyone must complete  
a new form. New 2019 forms are  
available now at the back of  
church and need to be returned to  
Sara Bertrand before the end of  
March.

The new 2019 roll will close on  
the 1<sup>st</sup> April, 14 days before the  
APCM on the 14<sup>th</sup> April.  
The 2<sup>nd</sup> half of the sheet is a  
communications consent form for  
St Gabriel's which can also be  
returned to Sara.

#### **Spring Magazine Time**

Please talk to Anne Dixon about  
articles you would like to write for  
the next magazine? Deadline is 23<sup>rd</sup>  
March, 200 or 400 words. Thank  
you.

#### **Lent course**

We will be running the course on  
Wednesday 12 noon and Thursday  
7.45pm  
Starting on Wednesday 13<sup>th</sup> March  
in church and Thursday 14<sup>th</sup> March  
at 10 Blake Hall Crescent  
Each session is stand-alone  
looking at aspects of inclusion  
from a faith perspective: We will  
start with Mental Health

#### **Saturday 16<sup>th</sup> March**

7.30pm – Quiz night in the bowls  
club to raise money for Contact the  
Elderly and Friends of Wanstead  
Parklands. £6 per person, tables of 8  
– see Ron if you'd like to join a St  
Gabriel's table.

#### **Foodbank Update**

Thank you again for your continuing  
generosity. Redbridge Foodbank  
have updated their website with  
plenty of information, including a  
'real time' list of items that are  
particularly needed & other ways  
you can help - keep checking each  
week as the situation changes! Helen

Items for weekly notices need to  
be submitted by Thursday evening.  
(sarabertrand47@gmail.com)

#### **Thank you**

Thank you to Ron & Margaret and  
all the helpers at our Charity Coffee  
morning yesterday.

Many thanks to Sarah Bodalbhai  
who will be playing the organ for us  
while John is away and to Roger  
Bluff who will be playing on Ash  
Wednesday.

Martyn is looking to appoint  
someone for part-time hours as  
deanery and parish admin support -  
approx 8 hours a week. For a job  
description please see him.

#### **Save the dates:**

Christian Aid Week 12th - 18th  
May. House to house collection  
raising money while reaching out to  
our community & meeting our  
neighbours.

Circle the City 19th May - London  
1pm to 5.30pm. A family friendly  
fundraising walk.

For more details see Sue Mutter

#### **Safeguarding**

The Diocese of Chelmsford is  
encouraging church members to  
increase their understanding,  
awareness & involvement in  
safeguarding. If you provide a role  
of any sort at St. Gabriel's then  
please complete the Diocese online  
Safeguarding training. Please speak  
to Caroline Ferguson, our Parish  
Safeguarding Representative, for  
more information.

#### **For Our Prayers**

##### **Those who are sick:**

Madeleine Arnold, Mark Arnold,  
Frances Bonnick, Pauline  
Duncombe, Peter Ellis, Chris  
Johnson, Maureen Kenyon, Phyllis  
Lehman, Jacqueline McNie, John  
Mitchell, Comfort Owusu Ansah,  
Carol Perryman, Maija Pettit,  
Christine Shannon, Norma  
Stevenson, Prue Tribe, Cynthia  
Williams, Jean Winstone & Johnno  
Woods

##### **For those whose anniversaries of death occur at this time:**

Irene Insley, Ian Pattullo, Elsie  
Adams, Donald Tunbridge