

2019 St Gabriel's Year of Invitation

St Gabriel's Church, Aldersbrook

www.stgabrielsaldersbrook.org.uk

Weekly Newsletter

Sunday 3rd February

Candlemas

8.30am Holy Communion
Celebrant Fr. Martyn Hawkes

10.00am Parish Eucharist
Celebrant Revd Pat Wallson
Preacher Fr. Martyn Hawkes
(In booklet)

This Week

Wednesday

11.00 am Holy Communion
Church will be open from 10.45am
by main doors

Morning & Evening Prayer

Morning prayer in the vicarage:
Mon 10 am & Tue – Thu 8am
Evening prayer in church:
Mon - Thur 5pm

Next Sunday

11.30am PCC meeting after church
upstairs in the hall
5pm Evensong returns.

From tomorrow - Monday 4th February – the church is going to be painted!

There may be some help needed
after church in preparation – do
stay for a few minutes if you can.
Access to the church will be
limited to the following:

Monday morning stay and play 9
– 10.30am: entrance from the
vicarage garden

Wednesday for the service only –
see above

Thursday Connections for older
people 10 – 11.30am: entrance
from the vicarage garden

**Any other access please speak to
Fr Martyn to arrange**

Tuesday 5th February

Bereavement café evening session
7-8.30pm at St Mary's Woodford.
This is the last evening session as
this will be moving to 2pm –
3.15pm in March.

Book Club

The book club will meet next on
Thursday 28th February at 8pm to
discuss *Their Eyes were watching
God* by Zora Neale Hurston

Saturday 2nd March

Charity Coffee morning in Church
Any local charities or community
groups that you think might like a
free table to earn a few pounds and
raise their profile please put them in
touch with Ron.

Sunday 3rd March

A special service at 5.30pm
Transfiguration - contemporary
worship songs & liturgy for all ages
with musicians from our MMU. St
Mary's, Woodford. Give it a try!
Any interested musicians are
welcome – rehearsals on 17th, 24th
February & before the service on 3rd
March but let Martyn know.

Saturday 16th March

7.30pm – Quiz night in the bowls
club to raise money for Contact the
Elderly and Friends of Wanstead
Parklands. £6 per person, tables of 8
– see Ron if you'd like to join a St
Gabriel's table.

The PCC agreed to give £100
towards furnishing a home for a
Syrian refugee family moving to
Dagenham. There's a request for
practical help to clear the garden &
prepare the home on Saturday
morning 9th February for. See Fr
Martyn if you might be able to help.

Foodbank Update

A great start to the New Year.
Thank you again for your continuing
generosity. Redbridge Foodbank
have updated their website with
plenty of information, including a
'real time' list of items that are
particularly needed & other ways
you can help. At the moment they
are asking for tinned fruit, rice
pudding and custard, coffee, long
life milk and juice, spaghetti,
toiletries and large size nappies - but
keep checking each week as the
situation changes! Helen

Items for weekly notices need to
be submitted by Thursday evening.
(sarabertrand47@gmail.com)

Spring Magazine Time

We'd like to get the magazine out
earlier this year, so please talk to
Anne Dixon about articles you
would like to write? Deadline is 23rd
March, 200 or 400 words. Thanks!

Lent... is not for a while, but just to
whet your appetite:

Book club recommends: *Celtic Lent*
by David Cole (discussion in Easter
season)

Lent Groups will explore the small
group studies by Inclusive Church
on themes including mental health,
disability & ethnicity. Sign up sheets
next week.

The first Youth Lent group on
Sundays after church, 12 noon over
pizza starting a bit before Lent on
Sunday 24th February exploring the
film *The Greatest Showman*
A Lent Quiet Day: Saturday 23rd
March 10 – 3pm at St Andrew's,
Leytonstone

Lots to look forward to (Ash
Wednesday is March 6th this year)

Social Events

The social events calendar for 2019
is open for suggestions - We'd love
to hear from you. Please do come up
with ideas for fundraising, or fun-
raising things we might do this year,
especially those you'd be willing to
help out with. We need your support
to make these things happen!

For Our Prayers

Those who are sick:

Shirley Adshead, Madeleine Arnold,
Mark Arnold, Frances Bonnick,
Katie Cooper, Pauline Duncombe,
Peter Ellis, Maureen Kenyon,
Phyllis Lehreman, Jacqueline
McNie, John Mitchell, Comfort
Owusu Ansah, Carol Perryman,
Maija Pettit, Christine Shannon,
Prue Tribe, Cynthia Williams &
Johnno Woods

For the recently departed

Michael Heavens, Anthony Nutley

and those whose anniversaries of death occur at this time:

Kate Swain, Frederick Adams, Phil
Christie, Catherine Rhys, Elizabeth
Allan, Olive Bidmead, Thomas
Gasper